

Beau Rivage

GENÈVE 1865



HEALTH AND PREVENTION
SWITZERLAND

PREVENTION: A VISION OF YOUR HEALTH 3 DAYS / 2 NIGHTS

DAY 1

- Arrival and check-in at the hotel
- Overnight at Beau-Rivage

DAY 2 (morning fasting)

Blood and urine analysis biocheckup (result ready in 24hrs)

- Blood count
- Cardiovascular and inflammatory risks
- Fatty acids
- Lipoproteins atherogenicity / emerging markers
- Liver and pancreatic health
- Vitamins and antioxidants
- Trace elements and enzymes
- Diabetic risks
- Nutrition and metabolism
- Hormonal status
- Heavy metals
- Lactose, gluten genetic intolerances
- Food intolerance analysis (results ready in 5 days)
- Intestinal microbiota (results ready in 5 days)

DAY 3

- Breakfast
- Consultation with Internist with results and recommendations (at the Health and Prevention Center or at Beau-Rivage Hotel)
- Clinical exams

Options:

- *Sleep diagnosis*
- *Genetic DNA tests for disease prediction (results ready in 2 weeks)*

Note : Results of the food intolerance, intestinal microbiota could be sent by email with recommendations

Price on request

